©
(1)
$\theta$ salle à manger

| Breakfast |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Choice of cereals <br> Fruit yoghurts, mixed dried fruits, fresh fruit platter Fruit juice Freshly baked croissant and pain au chocolat Freshly baked bread, preserves and honey Choice of two soft cheeses |  |  |  |  |  |  |
| Lunch |  |  |  |  |  |  |
| Buffet or picnic |  |  |  |  |  |  |
| Dinner <br> Snails will be served on your final evening - if you'd like to try them! |  |  |  |  |  |  |
| Saturday | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
| Cold meat platter and salad bar | Cold meat platter and salad bar | Cold meat platter and salad bar | Cold meat platter and salad bar | Cold meat platter and salad bar | Cold meat platter and salad bar | Cold meat platter and salad bar |
| Meatballs with tomato sauce | Chicken in tomato Provencal sauce | Gammon | Chili con carne | Breaded turkey escalope | Roast pork | Salmon |
| Spinach and blue cheese lasagne | Chickpea and vegetable curry | Fresh pineapple salsa | Vegetable moussaka | Creamy mushroom sauce | Gravy or mustard sauce | Parsley sauce |
| Pasta or potato wedges | Potato dauphinoise | Vegetable filled filo pastry parcels | Rice or $1 / 2$ jacket potato | Risotto | Vol-au-vent with creamy vegetable filling | Cheese and tomato pizza |
| Julienne vegetables | Rice | New potatoes or chips | Broccoli Julienne légumes | Crunchy diced potatoes or aromatic couscous | Roast potatoes or jacket potato | Rice or chips <br> Sweetcorn and peas |
| Chou pastry puff with | Green beans | Oven baked tomato |  | Green beans | Cauliflower | Baked beans |
| chocolate sauce | Apple tart | Doughnuts |  | Lemon drizzle cake served with French vanilla sauce | Roasted carrots, onions \& sweet potato <br> Chocolate éclair | Ice cream |

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| Saturday | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
| Cold meat platter and salad bar <br> Chicken breast baked with a topping of lemon and garlic breadcrumbs <br> White wine sauce <br> Goats cheese tart <br> Potatoes roasted with <br> Provencal vegetables or aromatic couscous <br> Carrots <br> Broccoli <br> Chou pastry puff with chocolate sauce | Cold meat platter and salad bar <br> Roast beef <br> Red wine gravy <br> Three cheese pasta bake <br> Roast potatoes or jacket potato <br> Oven baked tomato <br> Green beans <br> Apple tart | Cold meat platter and salad bar <br> Sausages <br> Gravy <br> Sweet potato and vegetable lattice <br> Chips or mashed potato <br> Peas <br> Homemade ratatouille <br> Jam doughnuts | Cold meat platter and salad bar <br> FAJITAS <br> Strips of chicken breast marinated in Mexican spices <br> Tortilla Tomato salsa \& guacamole Italian style omlette (Frittata) <br> Potato wedges or couscous <br> Stir fried mixed sliced peppers <br> Broccoli <br> Chocolate mousse | Cold meat platter and salad bar <br> Beef lasagne <br> Spicy tomato sauce <br> Baked stuffed peppers <br> Potato wedges and garlic bread <br> Julienne vegetables <br> Sweetcorn <br> Lemon drizzle cake served with French vanilla sauce | Cold meat platter and salad bar <br> Chicken cooked in a red wine and bacon sauce <br> Onion tart <br> Sautéed potatoes or rice <br> Oven baked tomato <br> Spinach <br> Chocolate éclair | Cold meat platter and salad bar <br> Battered fish <br> Tartar sauce <br> Potato and cheese topped lentil bake <br> Chips <br> Peas <br> Baby carrots <br> Ice cream |

