



the dining room

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Bacon Vegetable Sausages Tomatoes Baked Beans Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Pork Sausages Quorn Sausages Baked Beans Omelette Hash Browns Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Bacon Veggie Bangers Mushrooms Spaghetti in Tomato Sauce Tomatoes Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Pork Sausages Quorn Sausages Scrambled Eggs Baked Beans Hash Browns Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Bacon Vegetable Sausages Tomatoes Baked Beans Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Pork Sausages Quorn Sausages Baked Beans Hash Browns Omelette Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Bacon Veggie Bangers Mushrooms Baked Beans Tomatoes Seasonal Fresh Fruit Hot & Cold Drinks |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Homemade Soup of the Day Choice of Homemade Breads Pizza with a Choice of Meat or Vegetarian Toppings Sauté Potatoes Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Breads Baguette or Tortilla Wrap Choice of Fillings Ready Salted Crisps Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Homemade Breads Jacket Potato Bar Choice of Meat & Vegetarian Fillings Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Breads Pasta Bar Choice of Meat & Vegetarian Dishes Garlic Bread Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Breads Build a Burger Meat or Falafel & Spinach Burger with a Choice of Relishes Chips & Peas Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Breads Baguette or Pitta Bread with Ham & Cheese or Pulled Pork with Vegetables & Red Cabbage Slaw Greek-style Cheese & Vegetables Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Breads Hot Dog Cheese & Tomato Omelette Nachos with Salsa or Chips Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Homemade Soup of the Day Oven Baked Fish Fingers Sweet & Sour Pork & Vegetables (V) Fresh & Sun-dried Tomato, Basil & Mozzarella Pasta & Garlic Bread Chips or Rice Peas, Carrots & Baked Beans Seasonal Fresh Fruit & Salad Bar Toffee Cheesecake Hot & Cold Drinks | Homemade Soup of the Day Honey & Lemon Chicken Fillet Steak & Mushroom Pie (V) Chickpea & Vegetable Rogan Josh with Mushroom Biryani New Potatoes Diced Carrot, Swede & Sweetcorn Seasonal Fresh Fruit & Salad Bar Apple & Cinnamon Crumble with Cream Hot & Cold Drinks | Homemade Soup of the Day Pork Loin served with Apple Sauce Chicken Tikka with Poppadom & Mango Chutney (V) Creamy Vegetable Kiev Roast New Potatoes or Rice Green Beans & Cauliflower au Gratin Seasonal Fresh Fruit & Salad Bar Chocolate Crispy Cake Hot & Cold Drinks | Homemade Soup of the Day Turkey Escalope Moroccan-Style Minced Lamb & Vegetables (V) Oven Baked Vegetable Nuggets Minted Couscous or Potato Wedges Sweetcorn Cobettes & Carrots Seasonal Fresh Fruit & Salad Bar Ice Cream Hot & Cold Drinks | Homemade Soup of the Day Battered Fish Fillet with Lemon & Tartare Sauce Slow-Cooked Balsamic Beef & Mushrooms (V) Ricotta & Spinach Cannelloni Chips or Rice Mushy Peas & Broccoli Seasonal Fresh Fruit & Salad Bar Lemon Drizzle Cake Hot & Cold Drinks | Homemade Soup of the Day Chicken Chunks with Sweet & Sour Chunky Vegetable Sauce Beef Lasagne (V) Indian Sweet Potato Dhal Pie Herby Diced Potatoes or Rice Summer Vegetable Medley Seasonal Fresh Fruit & Salad Bar Doughnuts Hot & Cold Drinks | Homemade Soup of the Day Roast Turkey with Cranberry Sauce & Gravy Stir-Fry Pork with Vegetables, Ginger & Spring Onion (V) Macaroni Cheese with Garlic Bread Thyme Roast Potatoes Braised Cabbage & Carrots Seasonal Fresh Fruit & Salad Bar Arctic Roll Hot & Cold Drinks |



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| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Pork Sausages Vegetable Sausages Mushrooms Omelette Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Bacon Quorn Sausages Tomatoes Baked Beans Hash Browns Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Pork Sausages Veggie Bangers Mushrooms Baked Beans Scrambled Egg Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Bacon Vegetable Sausages Tomatoes Spaghetti in Tomato Sauce Hash Browns Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Pork Sausages Quorn Sausages Omelette Mushrooms Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Bacon Vegetable Sausages Baked Beans Tomatoes Spaghetti in Tomato Sauce Seasonal Fresh Fruit Hot & Cold Drinks | Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas Pork Sausages Quorn Sausages Scrambled Egg Baked Beans Hash Browns Seasonal Fresh Fruit Hot & Cold Drinks |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Homemade Soup of the Day Choice of Breads Pizza Bar Deep Pan or Thin Crust Pizza Potato Wedges Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Breads Pasta Bar Choice of Meat & Vegetarian Dishes Garlic Bread Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Breads Freshly Baked Baguettes Choice of Hot & Cold Fillings Ready Salted Crisps Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Breads Jacket Potatoes Choice of Meat & Vegetarian Fillings Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Homemade Breads Burger Bar Meat or Spicy Vegetables in a Bap with Fried Onion & a Choice of Relishes Chips & Peas Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Breads Wrap or Pitta Bread Choice of Meat & Vegetarian Fillings Nachos with Chilli or Cheese or Jalapenos Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks | Homemade Soup of the Day Choice of Homemade Breads Ploughman's Lunch & Sausage Rolls Choice of Meat and Vegetarian Fillings Crisps Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Homemade Soup of the Day Herby Sausages with Red Onion Gravy Steamed Cod with Chilli Sambal (V) Glamorgan Sausages Crushed New Potatoes or Rice Sweetcorn & Broccoli Seasonal Fresh Fruit & Salad Bar Homemade Flapjack Hot & Cold Drinks | Homemade Soup of the Day Oven Baked Chicken Nuggets Beef Stroganoff (V) Butternut Squash, Sweet Potato & Vegetable Wellington Chips or Rice Peas & Carrots Seasonal Fresh Fruit & Salad Bar Jelly topped with Fruit Salad Hot & Cold Drinks | Homemade Soup of the Day Gammon & Pineapple Rings Fish Cake (V) Four Cheese Ravioli Herby Diced Potato Mangetout, Sweetcorn & Baked Beans Seasonal Fresh Fruit & Salad Bar Peach Crumble & Cream Hot & Cold Drinks | Homemade Soup of the Day Chicken Curry with Naan Bread Cottage Pie (V) Quinoa with Roast Vegetable & Feta Stuffed Peppers Roast Potatoes or Rice Summer Vegetable Medley Seasonal Fresh Fruit & Salad Bar Waffles & Chocolate Sauce Hot & Cold Drinks | Homemade Soup of the Day Battered Fish Fillet with Lemon & Tartare Sauce Chorizo, Chicken & Vegetable Paella (V) Sautéed Vegetable and Lentil Lasagne Chips or Garlic Bread Green Beans & Mushy Peas Seasonal Fresh Fruit & Salad Bar Ginger Sponge & Toffee Sauce Hot & Cold Drinks | Homemade Soup of the Day Oven Baked Breaded Chicken Chunks Lamb Stifado (stew) (V) Thai Vegetable Curry & Spring Roll Potato Wedges or Rice Peas & Carrots Seasonal Fresh Fruit & Salad Bar Ring Doughnuts Hot & Cold Drinks | Homemade Soup of the Day Slow Roasted Beef & Roast Vegetables with Gravy Turkey or Pork Meatballs in Tomato Sauce (V) Stuffed Portobello Mushrooms with Spinach & Parmesan Breadcrumbs Roast Potatoes or Pasta Green Beans & Broccoli Seasonal Fresh Fruit & Salad Bar Choc Ice and Vanilla Bricks Hot & Cold Drinks |