



salle à manger

Breakfast - all days

Choice of cereals
 Fruit yoghurts, mixed dried fruits, fresh fruit platter
 Fruit juice
 Freshly baked croissant and pain au chocolat
 Freshly baked bread, preserves and honey
 Choice of two soft cheeses

Lunch - all days

Buffet or picnic

Dinner

Snails will be served on your final evening - if you'd like to try them!

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar
Meatballs with tomato sauce	Chicken in tomato Provencal sauce	Gammon	Breaded turkey escalope	Roast pork	Beef bourguignon	Salmon
Spinach and blue cheese lasagne	Goats cheese tart	Fresh pineapple salsa	Creamy mushroom sauce	Gravy	Vol-au-vent with creamy vegetables filling	Parsley sauce
Pasta or potato wedges	Potato dauphinoise	Vegetable filled filo pastry parcels	Risotto	Vegetable moussaka	Sautéed potatoes or pasta	Cheese and tomato pizza
Julienne vegetables	Rice	New potatoes or chips	Crunchy diced potatoes or aromatic couscous	Roast potatoes or jacket potato	Oven baked tomato	Rice or chips
Broccoli	Shredded white cabbage	Peas	Mediterranean vegetables	Cauliflower	Green beans	Sweet corn and peas
Chou pastry puff with chocolate sauce	Green beans	Oven baked tomato	Roast carrots with honey	Homemade ratatouille	Chocolate éclair	Spinach
	Apple tart	Doughnuts	Chocolate mousse	Lemon tart		Ice cream



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Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar
Spicy chicken drumsticks	Roast beef	Sausages	Chicken breast baked with a topping of lemon and garlic breadcrumbs	Beef lasagne	Chicken cooked in a red wine and bacon sauce	Battered fish
Salsa or guacamole	Red wine gravy	Gravy	White wine sauce	Spicy tomato sauce	Onion tart	Tartar sauce
Tomato, onion and cheese quiche	Three cheese pasta bake	Sweet potato and vegetable lattice	Italian style omlette (Frittata)	Baked stuffed peppers	Sautéed potatoes or rice	Potato and cheese topped lentil bake
Potato wedges or couscous	Roast potatoes or jacket potato	Chips or mashed potato	Potatoes roasted with Provençal vegetables or aromatic couscous	Potato wedges and garlic bread	Oven baked tomato	Chips
Stir fried mixed sliced peppers	Oven baked tomato	Peas	Carrots	Julienne vegetables	Spinach	Peas
Broccoli	Green beans	Homemade ratatouille	Broccoli	Sweetcorn	Chocolate éclair	Baby carrots
Chou pastry puff with chocolate sauce	Apple tart	Doughnuts	Chocolate mousse	Lemon tart		Ice cream