



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Kellogg's Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Seasonal Fresh Fruit Porridge Oats with Cinnamon & Brown Sugar Grilled Sausages Scrambled Eggs Baked Beans Vegetable Sausages (V)	Choice of 3 Kellogg's Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Seasonal Fresh Fruit Porridge Oats with Cinnamon & Brown Sugar Grilled Bacon Plum Tomatoes Oven baked Hash Browns Quorn Sausages (V)	Choice of 3 Kellogg's Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Seasonal Fresh Fruit Porridge Oats with Cinnamon & Brown Sugar Grilled Sausages Scrambled Eggs Baked Beans Vegetable Sausages (V)	Choice of 3 Kellogg's Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Seasonal Fresh Fruit Porridge Oats with Cinnamon & Brown Sugar Grilled Bacon Fresh Mushrooms Spaghetti Hoops Quorn Sausages (V)	Choice of 3 Kellogg's Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Seasonal Fresh Fruit Porridge Oats with Cinnamon & Brown Sugar Grilled Sausages Scrambled Eggs Baked Hash Browns Vegetable Sausages (V)	Choice of 3 Kellogg's Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Seasonal Fresh Fruit Porridge Oats with Cinnamon & Brown Sugar Grilled Bacon Roast Tomatoes Baked Beans Quorn Sausages (V)	Choice of 3 Kellogg's Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Seasonal Fresh Fruit Porridge Oats with Cinnamon & Brown Sugar Grilled Sausages Scrambled Eggs Spaghetti Hoops Vegetable Sausages (V)
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Tomato Soup served with a choice of breads Baguettes and Wraps with various fillings e.g. Chicken strips Tuna & Sweetcorn Roasted Vegetables & Cheese (V) Tortilla Chips Salad Bar	Parsnip Soup served with a choice of breads Pasta Bar & Sauce e.g. Ham & Mushroom in Creamy Sauce Vegetable Bolognese (V) Green Pesto and Cherry Tomato Served with Garlic Bread Salad Bar	Cream of Mushroom Soup served with a choice of breads Burger in a Bun Bar e.g. Beefburger / Turkey Burger with Tomato Relish Spicy Vegetarian Burger (V) Chips Peas Salad Bar	Vegetable Soup served with a choice of breads Jacket Potato Bar served with hot and cold fillings e.g. Chilli con Carne Baked Beans Coleslaw Salad Bar	Spinach & Broccoli Soup served with a choice of breads Baguettes with hot and cold fillings served with Nachos e.g. Roasted Summer Vegetables Tuna & Cucumber Soft Cheese Salad Bar	Leek & Potato Soup served with a choice of breads Pasties or Ploughman's Bar e.g. Cornish Pasty Cheese & vegetable slice (V) French Beans Garlic Bread Salad Bar	Minestrone Soup served with a choice of breads Deep Pan or Thin Crust Pizza Bar with a choice of toppings e.g. Ham Cheese & Tomato Peppers & Mushrooms Sweetcorn Served with Potato Wedges Salad Bar
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chef's Special Soup Beef Lasagne Fish Fingers Vegetable Stir Fry with Noodles (V) Fresh Buttered Carrots Sautéed Green Beans Chips Salad Bar Strawberry / Raspberry Ice Cream	Chef's Special Soup Lamb or Chicken Rogan Josh Summer Vegetable & Lentil Casserole (V) Hot Dogs Fresh Leeks Baked Beans Steamed Brown Rice Baked Potato Quarters Salad Bar Cheesecake	Chef's Special Soup Pork Loin with Onion Gravy Chicken & Vegetables in a Tomato Sauce Stuffed Peppers with Couscous Chickpeas and Cheese Ratatouille or Sweetcorn Fresh Broccoli Boiled New Potatoes Salad Bar Angel Delight	Chef's Special Soup Roast Turkey Oven Baked Breaded Salmon Chunks Spinach & Ricotta Cannelloni (V) French Beans Roasted Fresh Vegetable Chunks Potato Wedges Salad Bar Chocolate Sponge with Chocolate Sauce	Chef's Special Soup Breaded Chicken Chunks Tuna Pasta Bake Vegetable Curry Peas & Sweetcorn Fresh Cauliflower Crushed Potatoes or Chips Fragrant Rice Salad Bar Homemade Apple Pie with Cream	Chef's Special Soup Cumberland or Butcher's Style Sausages Fish - Chef's Special Aubergine Moussaka (V) Onion and Leek Sauté Shallow Fry Mixed Vegetables Mashed Potato Salad Bar French Butter Crêpes with Golden Syrup	Chef's Special Soup Roast Beef served with Yorkshire Pudding Meatballs in Tomato Sauce Vegetable Fajita & Salad with Sour Cream (V) Oven Glazed Carrots & Parsnips Braised Red Cabbage Steamed Rice Roasted New Potatoes Salad Bar Jelly & Fruit Salad



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Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Sweet Pepper and Courgette Soup served with a choice of breads Baguette Sandwich Bar with a choice of hot & cold fillings e.g. Turkey in Mediterranean Sauce Mixed Vegetables in Balti Sauce (V) Salad Bar	Tomato & Basil Soup served with a choice of breads Jacket Potato Bar with a variety of fillings e.g. Chicken and Vegetable Casserole Cottage Cheese (V) Baked Beans Salad Bar	Broccoli Soup served with a choice of breads Quiche/Pasties/Omelette Bar e.g. Omelette with Tomato or Ham Sausage Rolls served with Nachos & Salad Salad Bar	Summer Vegetable Soup served with a choice of breads Pizza Bar Deep Pan or Thin Crust with choice of toppings e.g. Pepperoni Vegetable Supreme (V) Potato Wedges Salad Bar	Carrot & Coriander Soup served with a choice of breads Baguettes & Wraps Bar with a selection of fillings served with Tortilla Chips e.g. Ham Cheese Salad Bar	Onion and Potato Soup served with a choice of breads Burger in a Bun Bar e.g. Beef Burger with Tomato Relish Vegi Burger (V) Chips & Peas Salad Bar	Lentil Soup served with a choice of breads Nachos & Pasta Bar e.g. Vegetables in Tomato & Basil Sauce Ratatouille (V) Served with a choice of Nachos & Melted Cheese or Pasta Salad Bar
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chef's Special Soup Chicken Tikka Masala Shepherd's Pie Spinach and Ricotta Tortellini (V) Mange Tout Saag Aloo Roasted Chunky Vegetables Steamed Rice Salad Bar Peach Crumble & Cream	Chef's Special Soup Pasta Bolognese Fish Cake / Fish Pie Cheese, Onion & Potato Pie (V) Sweetcorn Peas Chips Salad Bar Ice Cream Sponge Roll	Chef's Special Soup Roast Leg of Pork with Apple Sauce Steak and Mushroom Pie Thai Vegetable Curry (V) Sautéed Fresh Leeks Spinach Roasted Potato Quarters Sprinkled with Fresh Parsley Fragrant Rice Salad Bar Chocolate Crispy	Chef's Special Soup Breaded Chicken Strips Turkey Casserole Vegetable Lasagne (V) Trio of Vegetables (Roast Swede, Onion and Peppers) Green Beans Dauphine Potatoes or Chips Salad Bar Doughnuts	Chef's Special Soup Battered Fish Meatballs in Tomato Sauce Goats Cheese and Roast Vegetable Pastry (V) Mushy Peas Buttered Carrots Potato Wedges Rice Salad Bar Belgium Waffle with Toppings	Chef's Special Soup Mustard & Honey Glazed Gammon Turkey and Vegetable Pie Vegetable Hot Pot (V) Courgettes au Gratin French Beans New Potatoes Salad Bar Jam Sponge with Sauce	Chef's Special Soup Roast Chicken Pasty Selection Moroccan Style Summer Vegetables & Chickpea Couscous Buttered Carrots Cabbage Baby Roast Potatoes Salad Bar Mousse