



Menu - Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Scrambled Egg Plum Tomatoes (v) Quorn Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Sausage Plum Tomatoes Fresh Mushrooms (V) Vegetable Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Spaghetti Hoops Fresh Tomatoes (V) Quorn Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Sausage Scrambled Egg Baked Beans (V) Vegetable Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Scrambled Eggs Plum Tomatoes Sausage (V) Quorn Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Sausage Spaghetti Hoops Fresh Tomatoes (V) Vegetable Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Scrambled Egg Plum Tomatoes (V) Quorn Sausage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup and Breads Assorted PGL Sandwiches, Baguettes and Wraps Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Assorted Pizza Salad Bar Fresh Fruit Tea, Coffee Water	Soup and Bread Jacket Potato with Assorted Fillings Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Battered Fish Cheese and Tomato Omelette Chips Salad Bar Fresh Fruit Tea, Coffee Water	Soup and Bread Assorted PGL Sandwiches, Baguettes and Wraps Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Jacket Potato with Assorted Fillings Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Traditional Lasagne Garlic Bread Cheese and Onion Pasty Fresh New Potatoes Salad Bar Fresh Fruit Tea, Coffee, Water
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
(V) Vegetable Cous Cous Stir Fry Cornish Pasty Pasta Bolognaise Baked New Potatoes Fresh Broccoli Florets Salad Bar Assorted Fruit Jellies Fresh Fruit Tea, Coffee, Water	(V) Butterbean and Vegetable Hot Pot Hot Dog and Onions Home Produced Meat and Potato Pie Boiled Potatoes Honey and Lemon Carrots Salad Bar Creamy Rice Pudding Fresh Fruit Tea, Coffee, Water	(V) Vegetable Crumble Beef Filled Yorkshire Pudding Chicken Nuggets Chips New Potatoes Garden Fresh Peas Fresh Carrot Mix Salad Bar Chocolate Filled Doughnut Fresh Fruit Tea, Coffee, Water	(V) Cauliflower and Potato Dhansak Roast Chicken Ham and Tomato Pasta Bake Boiled Rice Creamed Potato Sweetcorn and Red Peppers Salad Bar Chocolate Ripple Sponge with Chocolate Custard Fresh Fruit Tea, Coffee, Water	(V) Stir Fry Vegetable Chow Mein Braised Beef Cobbler Savoury Sausage Pie Herby Diced Potatoes Braised Red Cabbage Green Beans Salad Bar Creamy Rice Pudding Fresh Fruit Tea, Coffee, Water	(V) Pasta and Mushroom Bake with Cheese Chicken Aloo Tikka Masala 100% Beefburger with Bap Boiled Rice Sauté Potatoes Fresh Baton Carrots Salad Bar Strawberry Delight Fresh Fruit Tea, Coffee, Water	(V) Mushroom Stroganoff with Rice Roast Pork with Apple Sauce and Gravy Fish Fingers Roast Potatoes Boiled Potatoes Fresh Broccoli Florets Salad Bar Apple and Maple Syrup Pie with Custard Fresh Fruit Tea, Coffee, Water



Menu - Week Two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Scrambled Egg Plum Tomatoes (v) Quorn Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Sausage Plum Tomatoes Fresh Mushrooms (V) Vegetable Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Spaghetti Hoops Fresh Tomatoes (V) Quorn Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Sausage Scrambled Egg Baked Beans (V) Vegetable Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Scrambled Eggs Plum Tomatoes Sausage (V) Quorn Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Sausage Spaghetti Hoops Fresh Tomatoes (V) Vegetable Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Scrambled Egg Plum Tomatoes (V) Quorn Sausage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup and Bread Assorted PGL Sandwiches, Baguettes and Wraps Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Breads Tomato Tuna Pasta Bake Cheese and Tomato Pizza Fries Garden Peas Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Jacket Potato with Assorted Fillings Salad Bar Fresh Fruit Tea, Coffee, Water	Souhp and Bread 100% Beefburger Creamy Vegetable Pie Chips Baked Beans Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Assorted PGL Sandwiches, Baguettes and Wraps Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Jacket Potato with Assorted Fillings Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Assorted Pizzas Salad Bar Fresh Fruit Tea, Coffee, Water
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
(V) Vegetable Ravioli Chicken Fricasse Hot Dog with Fried Onions Jacket Wedges Boiled Rice Sweetcorn Kernels Salad Bar Chocolate Delight Fresh Fruit Tea, Coffee, Water	(V) Macaroni Cheese Roast Turkey with Stuffing and Gravy New Potatoes Garden Peas and Baton Carrots Salad Bar Creamy Rice Pudding Fresh Fruit Tea, Coffee, Water	(V) Leek and Onion Quiche Steak and Mushroom Pie Smoked Ham and Pasta Bake Chive and Parsley Mashed Potatoes Fresh New Potatoes Sauteed Leeks and Peppers Salad Bar Apricot and Cinnamon Sultana Squares Fresh Fruit Tea, Coffee, Water	(V) Butter Bean Pasta with Roasted Vegetables Sweet and Sour Pork Cornish Pasties Baked Half Jacket Plain Boiled White and Brown Rice Cut Beans Salad Bar Apple Crumble with Custard Fresh Fruit Tea, Coffee, Water	(V) Cheese and Tomato Omelette Pasta Bolognese Chicken Nuggets Fries Baked Beans Salad Bar Arctic Roll Fresh Fruit Tea, Coffee, Water	(V) Crofters Pie Minted Lamb Hot Pot Sausage Roll Boiled Potatoes Fresh Broccoli/Cauliflower Salad Bar Toffee and Banana Rice Pudding Fresh Fruit Tea, Coffee, Water	(V) Leek, Cheese and Potato Layer Bake Roast Chicken and Gravy Roast Potatoes Baked New Potatoes Fresh Sliced Carrots Salad Bar Strawberry Delight Fresh Fruit Tea, Coffee, Water



Menu Week Three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Scrambled Egg Plum Tomatoes (v) Quorn Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Sausage Plum Tomatoes Fresh Mushrooms (V) Vegetable Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Spaghetti Hoops Fresh Tomatoes (V) Quorn Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Sausage Scrambled Egg Baked Beans (V) Vegetable Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Scrambled Eggs Plum Tomatoes Sausage (V) Quorn Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Sausage Spaghetti Hoops Fresh Tomatoes (V) Vegetable Sausage	Choice of 3 Cereals with Semi Skimmed Milk Assorted Yoghurts Brown and White Toast with Preserves Fresh Fruit Tea, Coffee, Water Grilled Bacon Scrambled Egg Mushrooms (V) Quorn Sausage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup and Breads Assorted PGL Sandwiches, Baguettes and Wraps Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Jacket Potato with Assorted Fillings Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Brad Hot Dogs with Onions Penne with Cheese and Broccoli Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Fish Fingers/Fish Cakes Classic Cannelloni Neopolitano Mashed Potatoes Garden peas Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Assorted PGL Sandwiches, Baguettes and Wraps Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Jacket Potato with Assorted Fillings Salad Bar Fresh Fruit Tea, Coffee, Water	Soup and Bread Vegetable Crumble Roast Beef and Yorkshire Pudding Roast Potatoes Parsley Potatoes Fresh Cabbage, Carrots and Peas Salad Bar Fresh Fruit Tea, Coffee, Water
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
(V) Cheese and Tomato Pasta Bake Chilli Con Carne Chicken Nuggets Sauté Potatoes Plain Boiled White and Brown Rice Garden Peas Salad Bar Peach Loaf with Vanilla Sauce Fresh Fruit Tea, Coffee, Water	(V) Mixed Bean Cottage Pie Beef Stoganoff Ravioli with a Cheddar Topping Boiled Potatoes Boiled Rice Cut Beans Salad Bar Apple Sponge with Custard Fresh Fruit Tea, Coffee, Water	(V) Vegetarian Sausage Rolls Lamb Rogan Josh Pork Meatballs Chive and Parsley Mashed Potato Plain Boiled White and Brown Rice Peas and Baton Carrots Salad Bar Raspberry Ripple Mousse Fresh Fruit Tea, Coffee, Water	(V) Harvest Vegetable Pie Roast Turkey with Stuffing and Gravy 100% Beefburger Fries New Potatoes Sweetcorn and Broccoli Creamy Rice Pudding Fresh Fruit Tea, Coffee, Water	(v) Stir Fry Vegetable Chow Mein Roast Lamb with Mint Sauce Cowboy Bake Fresh New Potatoes Savoy Cabbage Roast Potatoes Salad Bar Delight Fresh Fruit Tea, Coffee, Water	(V) Vegetable Curry with Rice Ocean Pie Jumbo Sausage Rolls Fries Baked New Potatoes Baked Beans Salad Bar Chocolate Sponge with Custard Fresh Fruit Tea, Coffee, Water	(v) Vegetable and Cheese Savoury Slice Chicken Stir Fry Fish Fingers Jacket Wedges Garden Peas Salad Bar Orange and Chocolate Desserts Fresh Fruit Tea, Coffee, Water