



# the dining room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas
Grilled Bacon Vegetable Sausages (V) Tomatoes Baked Beans Mushrooms	Grilled Pork Sausages Quorn Sausages (V) Baked Beans Omelette Hash Browns	Grilled Bacon Veggie Bangers (V) Mushrooms Spaghetti in Tomato Sauce Tomatoes	Grilled Pork Sausages Quorn Sausages (V) Scrambled Eggs Baked Beans Hash Browns	Grilled Bacon Vegetable Sausages (V) Tomatoes Baked Beans Mushrooms	Grilled Pork Sausages Quorn Sausages (V) Baked Beans Hash Browns Omelette	Grilled Bacon Veggie Bangers (V) Mushrooms Baked Beans Tomatoes
Seasonal Fresh Fruit Hot & Cold Drinks	Seasonal Fresh Fruit Hot & Cold Drinks	Seasonal Fresh Fruit Hot & Cold Drinks	Seasonal Fresh Fruit Hot & Cold Drinks	Seasonal Fresh Fruit Hot & Cold Drinks	Seasonal Fresh Fruit Hot & Cold Drinks	Seasonal Fresh Fruit Hot & Cold Drinks
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads
Burger Bar - Beef or Spicy Veggie Burger in a Bap with a choice of Relishes. Chips & Peas	Freshly Baked Baguette or Tortilla Wrap with choice of Hot and Cold Fillings. Tortilla Chips	Jacket Potato Bar Choice of Meat & Vegetarian Fillings	Pasta Bar Choice of Meat & Vegetarian Dishes	Pizza Bar - Deep Pan or Thin Crust Pizza with choice of Toppings. Potato Wedges	Burrito and Taco Bar. Choice of Meat & Vegetarian Fillings served with Salsa or Chive Sour Cream	Ploughman's Bar Choice of Meat & Vegetarian Chutney & Pickles
Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day
Cajun Sprinkled Chicken Fillet served with Tomato Salsa Pork & Vegetables in Black Bean Sauce Peppers stuffed with Roasted Vegetable Couscous (V)	Mild Chilli Beef Oven Baked Fish Fingers Quorn Fillet on a Parmesan & Vegetable Risotto (V) Chips or Rice Green Beans & Red Cabbage	Roast Turkey with Cranberry Sauce and Gravy Chicken Tikka with Poppadoms & Mango Chutney Ricotta and Spinach Cannelloni (V)	Honey and Orange Glazed Pork Steak Beef and Sautéed Vegetables Lasagne Vegetable and Mushroom Oriental Stir Fry served with Spring Roll (V)	Breaded Fish Fillet with Lemon & Tartare Sauce Meatballs in Tomato Sauce Creamy Vegetable Kiev (V) Chips or Pasta Peas & Ratatouille	Oven Baked Battered Chicken Chunks Hoisin Pork with Garlic, Fresh Ginger and Chinese Vegetables Goats' Cheese & Roasted Vegetable Tart (V) Rice or Sautéed Potatoes Sweetcorn & Red Peppers Broccoli	Roast Beef with Yorkshire Pudding and Gravy Chicken and Vegetable Arrabbiata Macaroni Cheese with Garlic Bread (V) Roast Potatoes Carrots Sautéed Summer Vegetables
Rice or Mashed Potato Sweetcorn & Broccoli	Seasonal Fresh Fruit & Salad Bar	Roast Potatoes or Rice Carrots & Peas	Rice or Buttered New Potatoes Sweetcorn Cobetts & Roasted Mixed Vegetables	Seasonal Fresh Fruit & Salad Bar	Seasonal Fresh Fruit & Salad Bar	Seasonal Fresh Fruit & Salad Bar
Seasonal Fresh Fruit & Salad Bar	Ice Cream	Seasonal Fresh Fruit & Salad Bar	Seasonal Fresh Fruit & Salad Bar	Chocolate or Strawberry Mousse	Seasonal Fresh Fruit & Salad Bar	Seasonal Fresh Fruit & Salad Bar
Apricot & Sultana Cinnamon Squares	Hot & Cold Drinks	Apple & Oat Crumble served with Cream	Angel Delight	Hot & Cold Drinks	Toffee Cheesecake	Chocolate Crispy Cake
Hot & Cold Drinks		Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks

Please note: this menu is subject to product availability and may change.

Week 1 M14 V1



# the dining room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas  Grilled Pork Sausages Vegetable Sausages (V) Mushrooms Omelette Baked Beans  Seasonal Fresh Fruit Hot & Cold Drinks	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas  Grilled Bacon Quorn Sausages (V) Tomatoes Baked Beans Hash Browns  Seasonal Fresh Fruit Hot & Cold Drinks	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas  Grilled Pork Sausages Veggie Bangers (V) Mushrooms Baked Beans Scrambled Egg  Seasonal Fresh Fruit Hot & Cold Drinks	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas  Grilled Bacon Vegetable Sausages (V) Tomatoes Spaghetti in Tomato Sauce Hash Browns  Seasonal Fresh Fruit Hot & Cold Drinks	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas  Grilled Pork Sausages Quorn Sausages (V) Omelette Mushrooms Baked Beans  Seasonal Fresh Fruit Hot & Cold Drinks	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas  Grilled Bacon Vegetable Sausages (V) Baked Beans Tomatoes Mushrooms  Seasonal Fresh Fruit Hot & Cold Drinks	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas  Grilled Pork Sausages Quorn Sausages (V) Scrambled Egg Baked Beans Hash Browns  Seasonal Fresh Fruit Hot & Cold Drinks
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Homemade Soup of the Day Choice of Breads  Burger Bar - Beef or Spicy Veggie Burger in a Bap with a choice of Relishes. Chips & Peas  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads  Freshly Baked Baguettes Choice of Hot & Cold Fillings Ready Salted Crisps  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads  Jacket Potato Bar Choice of Meat & Vegetarian Fillings  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads  Hot Dogs Cheese and Roast Pepper Quiche Baked Beans and Chips  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads  Pizza Bar - Deep Pan or Thin Crust Pizza with a choice of Toppings. Potato Wedges  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads  Burrito Bar - Choice of Meat & Vegetarian Fillings served with Salsa or Chive Sour Cream  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads  Ploughman's Bar Choice of Meat & Vegetarian Chutney & Pickles  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Homemade Soup of the Day  Oven Baked Fish Fingers Stir Fry Beef and Vegetable Noodles Roasted Vegetable & Feta Cheese Lattice (V)  Chips or New Potatoes Green Beans & Cauliflower  Seasonal Fresh Fruit & Salad Bar  Flapjack  Hot & Cold Drinks	Homemade Soup of the Day  Lincolnshire Sausages with Onion Gravy Lamb Rogan Josh Mushroom Ravioli in Tomato Sauce with Garlic Bread (V)  Mashed Potatoes or Rice Peas & Carrots  Seasonal Fresh Fruit & Salad Bar  Arctic Roll  Hot & Cold Drinks	Homemade Soup of the Day  Pasta Bolognese served with Garlic and Herb Bread Chicken Nuggets Quorn and Vegetable Cottage Pie (V)  Sautéed Potatoes Broccoli & Sweetcorn  Seasonal Fresh Fruit & Salad Bar  Peach Crumble & Cream  Hot & Cold Drinks	Homemade Soup of the Day  Turkey Escalope Pork Steak with Creamy Paprika Sauce Fresh and Sun-dried Tomato, Basil and Mozzarella Pasta (V)  Roast New Potatoes Summer Vegetable Medley  Seasonal Fresh Fruit & Salad Bar  Angel Delight  Hot & Cold Drinks	Homemade Soup of the Day  Battered Fish Fillet with Lemon & Tartare Sauce Steak and Mushroom Pie Glamorgan Sausages (V)  Chips or Mashed Potato Peas Courgettes in a Tomato Sauce  Seasonal Fresh Fruit & Salad Bar  Ice Cream  Hot & Cold Drinks	Homemade Soup of the Day  Oven Baked Breaded Chicken Chunks Shepherd's Pie Vegetable Lasagne (V)  Diced Herby Potatoes Green Beans & Cauliflower  Seasonal Fresh Fruit & Salad Bar  Ginger Sponge & Custard  Hot & Cold Drinks	Homemade Soup of the Day  Roast Beef or Pork with Yorkshire Pudding & Gravy Pasta with Turkey Meatballs Sweet Potato & Vegetable Wellington (V)  Roast Potatoes Cabbage and Carrots  Seasonal Fresh Fruit & Salad Bar  Trifle  Hot & Cold Drinks

Please note: this menu is subject to product availability and may change.

Week 2 M14 V2