



salle à manger

Breakfast - all days

Choice of cereals
 Fruit yoghurts, mixed dried fruits, fresh fruit platter
 Fruit juice
 Freshly baked croissant and pain au chocolat
 Freshly baked bread, preserves and honey
 Choice of two soft cheeses

Lunch - all days

Buffet or picnic

Dinner

Snails will be served on your final evening - if you'd like to try them!

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar	Cold meat platter and salad bar
Meatballs with tomato sauce	Chicken in tomato Provencal sauce	Gammon	Chili con carne	Breaded turkey escalope	Roast pork	Salmon
Spinach and blue cheese lasagne	Chickpea and vegetable curry	Fresh pineapple salsa	Vegetable moussaka	Creamy mushroom sauce	Gravy or mustard sauce	Parsley sauce
Pasta or potato wedges	Potato dauphinoise	Vegetable filled filo pastry parcels	Rice or ½ jacket potato	Risotto	Vol-au-vent with creamy vegetable filling	Cheese and tomato pizza
Julienne vegetables	Rice	New potatoes or chips	Broccoli	Crunchy diced potatoes or aromatic couscous	Roast potatoes or jacket potato	Rice or chips
Broccoli	Shredded white cabbage	Peas	Julienne légumes	Mediterranean vegetables	Cauliflower	Sweetcorn and peas
Chou pastry puff with chocolate sauce	Green beans	Oven baked tomato	Chocolate mousse	Green beans	Roasted carrots, onions & sweet potato	Baked beans
	Apple tart	Doughnuts		Lemon drizzle cake served with French vanilla sauce	Chocolate éclair	Ice cream



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Chicken breast baked with a topping of lemon and garlic breadcrumbs	Roast beef	Sausages	FAJITAS Strips of chicken breast marinated in Mexican spices	Beef lasagne	Chicken cooked in a red wine and bacon sauce	Battered fish
White wine sauce	Red wine gravy	Gravy	Tortilla	Spicy tomato sauce	Onion tart	Tartar sauce
Goats cheese tart	Three cheese pasta bake	Sweet potato and vegetable lattice	Tomato salsa & guacamole	Baked stuffed peppers	Sautéed potatoes or rice	Potato and cheese topped lentil bake
Potatoes roasted with Provençal vegetables or aromatic couscous	Roast potatoes or jacket potato	Chips or mashed potato	Italian style omlette (Frittata)	Potato wedges and garlic bread	Oven baked tomato	Chips
Carrots	Oven baked tomato	Peas	Potato wedges or couscous	Julienne vegetables	Spinach	Peas
Broccoli	Green beans	Homemade ratatouille	Stir fried mixed sliced peppers	Sweetcorn	Chocolate éclair	Baby carrots
Chou pastry puff with chocolate sauce	Apple tart	Jam doughnuts	Broccoli	Lemon drizzle cake served with French vanilla sauce		Ice cream
			Chocolate mousse			