



Information about your child's PGL trip

Skiing and Snowboarding

PGL - a name you can trust

We want you to be confident that your school has chosen to book with the very best. Established in 1957, PGL leads the market in outdoor education and operates top quality, reliable ski trips to Europe.

We are trusted by over 7,000 schools and groups each year to offer outstanding adventure trips.

This leaflet is designed to reassure you and provide you with answers to any questions you may have. For further information about specific resorts and accommodation, please visit our website at www.pgl.co.uk/ski



What is a ski trip with PGL like?

What your child will get out of the trip

Everyone remembers their school ski trip. Learning a new skill or building on existing skills in a stunning mountain environment is an unforgettable experience. Skiing and snowboarding are very rewarding activities for children, regardless of whether or not they enjoy traditional school sports.

Being away from home with their peers in a different culture, with a different language also gives your child the chance to be more independent and self-reliant, as well as offering plenty of learning opportunities outside the classroom.

Outline ski trip itinerary

PGL Ski coach tours are usually of 9 days' duration. Here's an outline of a typical 9 day trip.

Day 1

Leave school in time for an early evening ferry/tunnel departure. Short sea crossing (usually Dover or Folkestone to Calais) and overnight travel to the resort.

Day 2

Breakfast and lunch stops en route and arrive at the resort for ski fit, welcome meeting and evening meal.

Days 3-8

6 days of skiing with additional evening activities / excursions.

Day 8

Depart resort after evening meal.

Day 9

Early morning ferry or tunnel to UK and return to school.

Please note: If your child's group is travelling by air, the itinerary is usually 8 days. Travel is on day 1 and 8, while days 2-7 are the same as days 3-8 above.

A packed programme!

As well as a minimum of four hours of skiing with a qualified instructor every day, there will also be a full programme of evening activities and outings which may include, bowling, swimming, ice-skating, or even watching a local ice hockey match.



Watch feedback from our first-time skiers at www.pgl.co.uk/ski

A PGL representative with every group

A friendly PGL representative is assigned to every group and will make sure that the trip runs smoothly. They will liaise with the ski-school, the hotel, help sort out lift passes and so on – as well as delivering evening entertainment in the hotel.

What's included on a 9 day trip?*

- 6 days skiing including lift pass and 4 hours tuition per day (or 5 hours per day, depending on your group's preference/package)
- Executive coach travel and channel crossing from your school to your ski resort and back again
- Full board accommodation
- 'In-house' evening entertainment programme
- Winter sports insurance (including medical cover)
- A PGL representative with the group
- 24 hour helpline for Party Leaders while in resort

*This list is based on what's included for groups travelling by coach. Groups may choose an 8 day trip with 5 days skiing and 5 hours of lessons per day. It also varies slightly for groups choosing to fly. Please ask your teacher or see our website for details.



Accommodation

We have a wide range of accommodation available for school groups. This varies from larger, purpose-built youth hotels which often have additional leisure facilities, to small and friendly family-run hotels and everything in between. The vast majority of accommodation has en suite facilities and rooms with between 3 and 6 beds – often with bunk beds.

All accommodation is regularly audited to ensure it complies with rigorous health and safety standards.

Further information about your child's accommodation will be available from the Party Leader.

Students with disabilities / additional needs

We are often able to allocate adapted rooms. For details of rooming and to discuss whether skiing would be an appropriate activity for your child, please ask the Party Leader to talk to us directly about your child's particular requirements.

Food and drink

Meals during the ski trip are provided on a full-board basis, i.e. breakfast, lunch and evening meal. Lunch is generally a packed lunch, though hot meals are sometimes available, depending on accommodation. The first included meal is usually the evening meal on arrival, and the last meal before departure is generally the evening meal after skiing. Water is always available free of charge and hot drinks are served at breakfast time.

If your child has any special dietary requirements or food allergies, please let the Party Leader know as soon as possible so that they can ensure that your child can be properly catered for.

“Over half the party had never skied before but fantastic progress was made, along with some brilliant memories.”

Garstang Community Academy

Find out more about your child's resort at www.pgl.co.uk/ski

Safety and security

Our excellent reputation for health and safety is based on 60 years of successful operation and we comply fully with the recommendations of the UK and the Scottish governments' advice on taking school trips.

The air holidays and flights are provided by PGL Air Travel Ltd and are ATOL protected by the CAA. PGL is also a member of ABTA so you benefit from their assistance and code of conduct.

PGL Ski has been approved and awarded the Learning Outside the Classroom Quality Badge, following inspection by the School Travel Forum.

Insurance details

From the time we receive your deposit your child is covered for the duration of the trip by PGL's extensive winter sports insurance policy.

Full details of your insurance with PGL are available online at www.pgl.co.uk/ski-insurance

PGL insurance covers:

Organiser Liability; Medical Expenses; Personal Accident; Cancellation; Curtailment of Activity; Baggage; Personal Money; Personal Liability.

Excess: Please note there is an excess for some sections of cover. A full copy of the insurance policy can be obtained from the Party Leader organising your trip or online.

Quality Badge awarded by



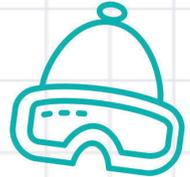
What to bring

Ski clothing can be hired from UK ski shops or specialist suppliers in the UK prior to travel. Please contact your Party Leader for details. All ski equipment (skis, boots, poles, snowboards and helmets) will be provided by PGL Ski.

Ski Kit List

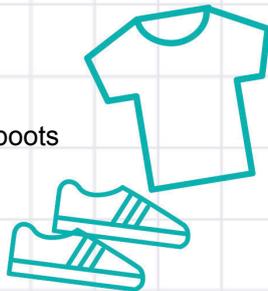
General

- Passport (with at least 6 months until the expiry date)
- UK Global Health Insurance Card (GHIC) / EHIC
- Pillow for the journey
- Wash bag, towel and toiletries
- Night clothes
- Reusable water bottle
- Small rucksack
- Pocket money - £5 - £10 a day
- 2 pairs of ski socks
- 1 pair of ski gloves
- Good quality sunglasses and goggles
- A thick jumper / fleece
- Thermal base layers or long sleeved t-shirts or polo necks
- Scarf and warm hat
- High factor sunscreen and lip balm
- Ski jacket
- Ski trousers



Free time

- Casual wear for travel and evenings, including a warm fleece
- Swimming costume or trunks (not shorts)
- Several T-shirts – long and short- sleeved
- Shoes suitable for indoors
- Warm / waterproof jacket
- Warm & waterproof shoes / boots
- Labelled strong plastic bags (bin liners) for dirty clothes



Packing for air travel

We strongly recommend that you check with your airline (via your Party Leader) regarding baggage allowances shortly before travel.



Packing for a coach trip

One soft holdall type bag max. dimensions 70cm x 35cm x 35cm + one item of hand luggage for food and essentials for the journey.

Please do not bring



Mobile phones, valuables etc. - mobile phones are not covered by the insurance policy.



Aerosol deodorants - they can set off fire alarms. Please bring roll-on deodorants instead.



The air holidays and flights shown are provided by PGL Air Travel Ltd and ATOL protected by the CAA (ATOL no. 4630).