



WHAT TO BRING FOR DAY CAMPS

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring a spare change of old clothes for doing activities.



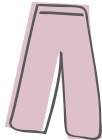
Tops & jackets

- T-shirt
- Long sleeved shirt/T-shirt
- Waterproof jacket
- Fleece/jumper

Your arms will need to be covered to do some activities.

Trousers or leggings

but not jeans as they get heavy and cold when wet



Socks that cover your ankles

Your socks will need to cover your ankles to do some activities.

Change of clothes

particularly if you're taking part in water-based activities

FOOTWEAR

- 2 pairs** of trainers
 - 1 for activities
 - spare pair in case you get wet



OTHER ITEMS

- Towel**
preferably an old one, for drying off after activities
- Reusable **drinks bottle**
- Small **rucksack/bag**
- Labelled **bin bag** for wet and dirty clothing
- Hair ties** for long hair



TRAVELLING IN THE...



...SUMMER?

- Shorts
- Baseball cap/sun hat
- Sunscreen



...WINTER?

- Warm coat
- Hat and gloves

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Food items that contain nuts
- ✗ Jewellery/valuables
- ✗ Aerosols

If you bring your **mobile phone**, please note, it is not covered by our insurance.

