



dining room

Breakfast

Choice of cereals
 Fruit yoghurts
 Fresh fruit platter
 Fruit juice
 Toast
 Freshly baked bread, preserves and honey

Lunch

Buffet or picnic

Dinner

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chicken Pizzaiola	Meatballs with Tomato Sauce	Baked Breaded Fish Fillet	"Build a Burger" Night	Pork Chop	Chicken in barbeque sauce	Chili con Carne
(V) Vegetable and Lentil Stew with Rustic Tomato Bread	(V) Mexican Bean Lasagne	Tartar Sauce Sliced Lemon	Burger Bap	Paprikash Sauce	(V) Cheesy Pasta Bake	Tortilla Chips
Sautéed Potatoes or Pesto Penne	Pasta or Garlic Bread	(V) Vegetable and Tofu Paprikash	Fried Onions	(V) Stir Fry Vegetables with Roasted Pine Nuts	Baby Roast Potatoes or Couscous with Roasted Vegetables	(V) Sweet Potato and Vegetable Wellington
Broccoli	Oven Baked Red Pepper, Red Onions and Tomatoes	Couscous with Roasted Veg or Steakhouse Chips	(V) Lentil and Vegetable Burger	Tagliatelle or Rice	Roasted Peppers, Courgettes and Onions	Rice or Jacket potato
Roasted Leeks, Carrots and Onions	Crema Catalana Tart	Peas	Chips or Jacket Potato	Green Beans	Sweetcorn	Peas
Millefeuille		Sweetcorn	Baked Beans	Broccoli	Lemon Tart	Baked Beans
		Profiteroles	Homemade Fruit Salad	Ice Cream		Fruit Crumble and Cream



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Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chicken & Bacon Pasta with Tomato & Basil Sauce	Sausages	Stir-Fried Beef with Peppers	Fajitas	Beef Bolognese	Chicken Curry	Beef Lasagne
(V) Mixed Bean Chili	Onion Gravy	(V) Sweet Potato & Dhal Pie	Chicken Breast Marinated in Mexican Spices	(V) Mushroom Stroganoff	(V) Vegetarian Sausage and Leek Casserole	(V) Chickpea & Vegetable Curry
Jacket Potato or Herb Bread	(V) Roasted Stuffed Red Pepper with GF Crumb & Herb Topping	Sautéed Potatoes or Fried Rice	Tortilla Wrap Tomato Salsa	Pasta or Jacket Potato	Rice or Rissolée Potatoes	Roasted Potatoes with Rosemary or Rice
Broccoli	Chips or Mashed Potato	Broccoli	(V) Chickpea Falafel	Peas	Sweetcorn	Green Beans
Roasted Leeks, Cauliflower and Carrots	Peas	Sweetcorn	Potato Wedges or Mexican Rice	Roasted Peppers, Courgettes and Onions	Broccoli	Baked Tomato Half
Millefeuille	Baked beans	Profiteroles	Stir Fried Mixed Sliced Peppers Green Beans	Ice Cream	Lemon Tart	Peaches and Cream
	Crema Catalana Tart		Homemade fruit salad			